

Deer Resistant Native Plants for Sunny places

Common Name	Scientific Name	Nectar or Host	Water Needs
Nodding Onion	<i>Allium cernuum</i>	Nectar	Drought
swamp milkweed	<i>Asclepias incarnata</i>	Nectar + Host	Drought
New England Aster	<i>Aster novi-belgii</i>	Nectar	Drought
False blue indigo	<i>Baptisia australis</i>	Host	Drought
Tickseed Sunflower	<i>Bidens aristosa</i>		Drought
marsh marigold	<i>Caltha palustris</i>	Nectar	Drought
Northern Sea oats	<i>Chasmanthium latifolium</i>	Host	Drought
turtlehead	<i>Chelone glabra</i>	Nectar + Host	Drought
Maryland Golden-Aster	<i>Chrysopsis mariana</i>		Drought
purple lovegrass	<i>Eragrostis spectabilis</i>	Host	Drought
Lynnhaven Carpet	<i>Erigeron pulchellus</i> var <i>pulchellus</i>	Nectar	Drought
Joe Pye Weed	<i>Eupatorium fistulosum</i>	Nectar	Drought
Gaura	<i>Gaura lindheimeri</i> 'RosyJane'	Nectar	Drought
Willowleaf sunflower	<i>Helianthus salicifolus</i> 'First Light'	Nectar	Drought
Eastern Prickly-pear	<i>Opuntia humifusa</i>		Drought
roundleaf ragwort	<i>Packera obovata</i>		Drought
Ninebark	<i>Physocarpus opulifolius</i>		Drought
Appalachian mountainmint	<i>Pycnanthemum flexuosum</i>	Nectar + Host	Drought
cutleaf coneflower	<i>Rudbeckia laciniata</i>	Nectar	Drought

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little bluestem	Schizachyrium scoparium		Drought
Wild pinks	Silene caroliniana var. wherryi 'Short and Sweet'		Drought
Indiangrass	Sorghastrum nutans	Host	Drought
Caroline Lupine	Thermopsis villosa (Native to nearby states but not VA)		Drought
Purpletop, Tall Redtop	Tridens flavus var. flavus		Drought
New York ironweed	Vernonia noveboracensis	Nectar + Host	Drought
American Wisteria	Wisteria frutescens	Nectar + Host	Drought
Golden Alexander	Zizia aurea	Nectar + Host	Drought
Eastern Bluestar	Amsonia tabernaemontana var. salicifolia	Nectar	Average
Broomsedge, Broomstraw, Sedge Glass	Andropogon virginicus		Average
pussytoes	Antennaria plantaginifolia	Nectar + Host	Average
Devil's Walking Stick, Hercules Club	Aralia spinosa		Average
Goatsbeard (Eastern Goat's-beard)	Aruncus dioicus		Average
common milkweed	Asclepias syriaca	Nectar + Host	Average
butterfly milkweed	Asclepias tuberosa	Nectar + Host	Average
horsetail milkweed	Asclepias verticillata	Nectar + Host	Average
Pawpaw, Common Pawpaw	Asimina triloba		Average
Symphotrichum novae-angliae	Aster novae-angliae	Nectar + Host	Average
Nodding Beggar Ticks, Nodding Bur-marigold	Bidens cernua		Average
Smooth Bur-marigold, Smooth Beggar-tick	Bidens laevis		Average
White Doll's Daisy	Boltonia asteroides 'Snowbank'	Nectar	Average

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sideoats grama	<i>Bouteloua curtipendula</i>		Average
American Hornbeam, Ironwood	<i>Carpinus caroliniana</i>		Average
Bitternut Hickory	<i>Carya cordiformis</i>		Average
Mockernut Hickory	<i>Carya tomentosa</i>		Average
Buttonbush	<i>Cephalanthus occidentalis</i>		Average
Star Tickseed	<i>Coreopsis pubescens</i> 'Sunshine Superman'	Nectar	Average
whorled tickseed	<i>Coreopsis verticillata</i>	Nectar	Average
Poverty Oatgrass	<i>Danthonia spicata</i>		Average
purple coneflower	<i>Echinacea purpurea</i>	Nectar + Host	Average
Virginia wildrye	<i>Elymus virginicus</i>		Average
common boneset	<i>Eupatorium perfoliatum</i>	Nectar	Average
Flat-top Goldenrod	<i>Euthamia graminifolia</i>		Average
common sneezeweed	<i>Helenium autumnale</i>	Nectar	Average
Purple-headed sneezeweed	<i>Helenium flexuosum</i> 'Tiny Dancer'	Nectar	Average
smooth oxeye	<i>Heliopsis helianthoides</i>	Nectar	Average
swamp rosemallow	<i>Hibiscus moscheutos</i>	Nectar	Average
soft rush	<i>Juncus effusus</i>		Average
dense blazing star	<i>Liatris spicata</i>	Nectar	Average
cardinal flower	<i>Lobelia cardinalis</i>		Average
Great blue lobelia	<i>Lobelia siphilitica</i>		Average
Sundial Lupine	<i>Lupinus perennis</i>	Host	Average
Lance-leaved loosestrife	<i>Lysimachia lanceolata</i> var <i>purpurea</i>	Nectar	Average

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wild bergamot	<i>Monarda fistulosa</i>	Nectar	Average
spotted beebalm	<i>Monarda punctata</i>	Nectar	Average
Hairawn grass, Purple muhly grass	<i>Muhlenbergia capillaris</i>		Average
sundrops	<i>Oenothera fruticosa</i>		Average
Panic Grass	<i>Panicum virgatum</i>	Host	Average
Creeping Phlox	<i>Phlox subulata</i>		Average
Northern or Fall Obedient Plant	<i>Physostegia virginiana</i>		Average
Bowman's root	<i>Porteranthus trifoliatius</i>		Average
clustered mountainmint	<i>Pycnanthemum muticum</i>	Nectar	Average
narrowleaf mountainmint	<i>Pycnanthemum tenuifolium</i>	Nectar	Average
Yellow Coneflower	<i>Rudbeckia fulgida</i> var. <i>fulgida</i>	Nectar	Average
browneyed Susan	<i>Rudbeckia triloba</i>	Nectar + Host	Average
Lyre-leaf Sage	<i>Salvia lyrata</i>		Average
hoary skullcap	<i>Scutellaria incana</i>	Nectar	Average
American Senna	<i>Senna hebecarpa</i>	Nectar + Host	Average
Blue-eyed grass	<i>Sisyrinchium angustifolium</i> 'Lucerne'		Average
Tall Goldenrod, Late Goldenrod	<i>Solidago altissima</i>		Average
wreath goldenrod	<i>Solidago caesia</i>	Nectar	Average
Flat-top goldenrod	<i>Solidago graminifolia</i>	Nectar	Average
Rough-stemmed or Wrinkle-leaf Goldenrod	<i>Solidago juncea</i>		Average
Gray, Dwarf, or Old Field Goldenrod	<i>Solidago nemoralis</i>		Average
Anise-scented goldenrod	<i>Solidago odora</i>	Nectar	Average

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Rough-stemmed or Wrinkle-leaf Goldenrod	<i>Solidago rugosa</i>		Average
autumn goldenrod	<i>Solidago sphacelata</i> 'Golden Fleece'	Nectar	Average
prairie dropseed	<i>Sporobolus heterolepis</i> (Not native to VA)		Average
Asters: Heart-leaved, Blue Wood, Smooth Blue, Smooth, Calico, New England, New York	<i>Symphotrichum</i> species (Asters)		Average
Bald Cypress	<i>Taxodium distichum</i>		Average
swamp verbena	<i>Verbena hastata</i>		Average
narrowleaf ironweed	<i>Vernonia lettermannii</i> 'Iron Butterfly' NOTE: Native to nearby states, but not VA	Nectar	Average
Yellow or wild-indigo	<i>Baptisia tinctoria</i>		Moist
Butterfly Pea, Maryland Butterfly Pea	<i>Clitoria mariana</i>		Moist
yellow purple coneflower	<i>Echinacea paradoxa</i>	Nectar	Moist
Wild ageratum	<i>Eupatorium coelestinum</i>	Nectar	Moist
American Beech	<i>Fagus grandifolia</i>		Moist
Jewel Weed, Touch me Not	<i>Impatiens capensis</i>	Nectar	Moist
Sensitive Fern	<i>Onoclea sensibilis</i>		Moist
golden ragwort	<i>Packera aurea</i>		Moist

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